

North Bay Country Dance Society

PO Box 953

Sebastopol, CA 95473-0953

www.nbcds.org; info@nbcds.org



F•A•L•L • 2•0•1•3

HANDS FOUR



THE NEWSLETTER OF THE NORTH BAY COUNTRY DANCE SOCIETY

line art by Becky Hill

Tips for New Dancers

Welcome to North Bay Country Dancing! We are delighted to have new dancers join us. It can be disorienting to be the "new kid," so here are some helpful tips:

- Please make sure the shoes you'll be dancing in don't have any grit on the bottoms. We love our hall—help us take good care of the floor.
- Dance with people you don't know. You can ask anyone to dance, and dancing with lots of different partners is the best way to learn. We change partners after each dance.
- Listen to the caller. The caller is here to help us learn the dances and have a good time. If you have a question, ask the caller during the walk-through. You may not be the only person with that question.
- Mistakes happen. Let it go, smile, and remember you'll have plenty of chances to get it right.
- Washing your hands before the snack break can help to keep us all healthier.
- Your children are welcome members of our dance community, but please be responsible for supervising them. Not all dances are suitable for our smaller dancers. Ask the caller if you're unsure.
- If you like the music let the band know. Go ahead, make their day!

Besure you come again—dancing gets better every time—and practice makes perfect!

Renew Your Membership for 2014

Members get \$2 off at most dances and the cool NBCDS membership button.



Stifling an urge to dance is bad for your health - it rusts your spirit and your hips.

~ TerriGuillemets

Fall Special Dances

Sunday, October 6, post-Foggy Moon, enjoy dancing to Contra Sutra from Seattle, with calling by Warren Blier, at Strawberry Rec Center.

Haven't heard of Maivish? How about Crowfoot - of course! Maivish is their fiddler, Jaige Trudell and their guitarist, Adam Broome. Calling by Mary Wesley, a young New England star. UUCM, San Rafael, Thursday Oct. 17.

The Saturday, October 26 Sebastopol contra is our annual Halloween gala. Costumes welcome; prizes awarded based on judges' whims. Don't miss the hambo lesson that same evening.

Sunday Nov. 3 brings Master Fiddler Rodney Miller (NH) and guitarist Owen Marshall (VT) to Petaluma with Susan Petrick calling. They'll be back next Spring as part of the Blue Ribbon Dance Band at our 2014 Epicenter weekend (registration opens Nov. 1!).

Chaos on the dance floor!?! Come to a potluck and workshop on Saturday, Nov. 9, before the regular dance at UUCM and de-confuse yourself about switching roles, switching sets, etc. We'll discuss the mechanics, the history, the possibilities and work on technique. And don't miss George Marshall (MA) calling with Perpetual eMotion (ME) (Ed Howe, fiddle and John Cotes, guitar and percussion) Thurs., Nov. 21 at Strawberry Hall.

Join us NYE for a special contra dance with the Crabapples and calling by Susan Petrick. We'll be at Strawberry Rec Center enjoying great dancing, desserts, and fellowship.

Appreciation for Years of Service

We are sad to announce their retirement from the Board of Directors but happy to extend our appreciation for the years of service provided by Cathie Irwin, Emily Shaul, and Andy Westbom. These exceptional leaders all served on the NBCDS Board for six or more years.

Cathie was Secretary for most of her Board tenure, a truly thankless job (for which we thank her!). She was also the food maven for many of our contra dance weekends and has provided leadership to Apple Tree Morris. Emily has staffed "NBCDS info" for many years and is lead dance manager for Santa Rosa contra. Andy has, at various times, been Board President and Treasurer and taken a lead role organizing our website and e-mail announcements.

Our dances happen only because of the hard work of dedicated volunteers like Cathie, Emily, and Andy. Extend them your thanks. And, what about becoming an NBCDS volunteer? Talk to Lenore Cantrell or any Board member.

2013/14 NBCDS Board Members

Susan Amato, President.....484-2907
susan@nbcds.org

Lenore Cantrell, Vice President.....933-9740
lenore@nbcds.org

Stacy Carr, Secretary.....338-9362
stacy@nbcds.org

Tim Giddings.....tim@nbcds.org

Elizabeth Gould.....elizabeth@nbcds.org

Michael Martin.....545-1274
contrabeet43@gmail.com

Craig Meltzner, Treasurer.....544-7036
craig@nbcds.org

North Bay Country Dance Calendar: Fall 2013

Key to Hall Locations and Contacts:

PET	1st Sun	Petaluma Woman's Club, 518 B Street, Petaluma; 6:30 – 9:30 pm; 707-544-7036, craig@nbcds.org
SRF	2nd Sat	Unitarian Universalist Congregation of Marin, 240 Channing Way, San Rafael; 8:00 – 11:00 pm; skamato@hotmail.com Or alternate site: Strawberry Reception Hall, 118 E Strawberry Dr, Mill Valley Or alternate site: Marin Masonic Lodge, Lootens Place @ Fourth, San Rafael
SRFE	2nd & 4th Sun	Pickleweed Community Center— Dance cancelled until September 2013.
SRO	3rd Fri, 5th Sat	Monroe Hall, 1400 W. College Ave., Santa Rosa; 8:00 – 11:00 pm; 707-545-1274, contrabeet43@gmail.com
SEB Contra	4th Sat	Wischemann Hall, 460 Morris Street, Sebastopol; 8:00 – 11:00 pm; andy@nbcds.org
SEB ECD	1st & 3rd Sun	Wischemann Hall, 460 Morris Street, Sebastopol; 2:00 - 4:30 pm; 707-829-0168 or kalia@nbcds.org or kwoeltjen@yahoo.com

Regular NBCDS dance admission: \$12 adults, \$10 members; \$7 adults under 26, FT students with ID and financial hardship; \$2 ages 6–17; under 6 free. Come a half hour early to every dance for a newcomers lesson.

Apple Tree Morris dancers meet weekly and welcome new members - no experience necessary. Call or email Cliff Stevens, 823-6925, cliff@kichu.com

October

Sun 6	ECD	SEB	Kalia Kliban	Stan (violin) and Susan (flute) Kramer, Bill Jensen (piano)
Sun 6	Contra	SRF	Warren Blier	Contra Sutra (Seattle): Ryan McKasson (fiddle), Marni Rachmiel (flute), Dave Bartley (guitar, mandolin), Russell Shumsky (percussion) Post-Foggy Moon Dance at Strawberry Hall; 7:30-10:30, \$12/7 Combined Petaluma/San Rafael Dance—come to Strawberry Hall!
Thu 17	Contra	SRF	Mary Wesley (MA)	Maivish (Canada): Jaige Trudell (fiddle, cello), Adam Broome (guitar, mandolin) Unitarian Universalist Congregation of Marin, 7:30-10:30, \$12/7
Fri 18	Contra	SRO	Yoyo Zhou	Uncle Farmer: Ben Schreiber (fiddle), Mike Sokolovsky (guitar)
Sun 20	ECD	SEB	Gary Thomas	Jon Berger (violin), Dan Reynolds (bass), Noel Cragg (piano)
Sat 26	Contra	SEB	Mike Fynan	Contrazz: Ann Gilleran (fiddle), Pat Gilleran (bass), Rob Crummett (guitar) Halloween Dance —Costumes encouraged! 6:30-7:20 Beginning Hambo Workshop; 8-11 Contra Dance

November

Sun 3	ECD	SEB	Lise Dyckmann	Jon Berger (violin), Debra Tayleur (piano), Janette Duncan (violin)
Sun 3	Contra	PET	Susan Petrick	Rodney Miller (NH) (fiddle), Owen Marshall (VT) (guitar) Special prices -- \$12/7
Sat 9	Contra	SRF	Yoyo Zhou	Uncle Farmer: Ben Schreiber (fiddle), Mike Sokolovsky (guitar) Unitarian Universalist Congregation of Marin
Fri 15	Contra	SRO	Chuck Galt	Whimsical: Debra Tayleur (piano), Janette Duncan (fiddle), Regan Hemphill (fiddle), Beth Christian (cello), Roxanne Oliva (accordion)
Sun 17	ECD	SEB	Annie Laskey	Rebecca King (piano), Judy Linsenberg (recorder), Marilyn Simpson (violin)
Thu 21	Contra	SRF	George Marshall (MA)	Perpetual eMotion (ME): Ed Howe (fiddle), John Cotes (guitar, percussion) Strawberry Hall, 7:30-10:30, \$12/7
Sat 23	Contra	SEB	Lea Smith	The Roadoilers: Mike Drayton (fiddle), John Pedersen (banjo, fiddle), Perry Fly (guitar, concertina), Chuck Wiley (guitar, bass)
Sat 30	Contra	SRO	Lynn Ackerson	Chris Knepper (fiddle), Dan Engle (guitar) CHALLENGING CONTRAS- NOT FOR BEGINNERS

December

Sun 1	ECD	SEB	Kalia Kliban	StringFire: James MacQueen (fiddle), Patti Cobb (keyboard), Erik Ievins (bass)
Sun 1	Contra	PET	Kelsey Hartman	StringFire: James MacQueen (fiddle), Patti Cobb (keyboard), Erik Ievins (bass)
Sat 14	Contra	SRF	Kelsey Hartman	Blaine Sprouse (fiddle), Ray Bierl (guitar, fiddle), Markie Sanders (bass) Unitarian Universalist Congregation of Marin
Sun 15	ECD	SEB	Kalia Kliban	Maggie Moore (violin), Jon Berger (violin), Patti Cobb (piano)
Fri 20	Contra	SRO	Kristin Seibert (NC)	StringFire: James MacQueen (fiddle), Patti Cobb (keyboard), Erik Ievins (cello, bass), Caroline McCaskey (fiddle)
Sat 28	Contra	SEB	Dance cancelled—Happy Holidays!	
Tue 31	Contra	SRF	Susan Petrick	Crabapples: Marta Lynch (fiddle), Norm Cotton (keyboard, fiddle), Bob Silberstein (mandolin, keyboard), Teresa Fife (bass) New Year's Eve Gala Dance! Strawberry Hall—8:00-12:15, \$18/22/15

Contra dancing and English country dancing are easy, fun, friendly and inclusive. All dances are taught and prompted, and feature great live music. No experience is necessary; come alone or bring a friend. Wear comfortable clothes and low, smooth-soled, comfortable shoes. Scent-free dancing appreciated!