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HANDS FOUR



THE NEWSLETTER OF THE NORTH BAY COUNTRY DANCE SOCIETY line art by Becky Hill

Epicenter Urban Contra Dance April 5 – 7, 2019

Registration opens November 1st for one of the hottest urban Contra dance weekends on the West Coast! And it's right here in our own backyard! Be at the Epicenter of some memorable Contra dancing ~ Strawberry Reception Hall in beautiful Mill Valley. This year's fabulous talent line up:

RIPTIDE
MEAN LIDS
SARAH VANNORSTRAND
LINDSEY DONO

Don't procrastinate signing up—the camp sold out last year, and with this hot lineup, it most likely will do so again. Watch for more information at <http://nbcds.org/epicenter-2019/>

Special Holiday Contra Delights!

Make your holidays even more special with these festive Contra dances!

- Celebrate Halloween at our October 27 Sebastopol Family & Community Dances. Costumes encouraged!
- Don't miss Santa Rosa's Holiday Gala Dance on December 21st! This popular annual event features great music & dance, plus festive attire and a dessert potluck feast.
- Ring in the New Year at a Contra dance party in Santa Rosa! Fiddle legend Rodney Miller and Jeff Spero from the Syncopaths will play for our dancing pleasure, while caller Jacqui Grennan keeps us in line with her great assortment of dances. We will enjoy a scrumptious feast and share a sparkling cider toast at midnight.

Safety is Our First Concern

From the Safety Committee:

We want you to know that NBCDS takes your comfort and safety seriously! We have written a Code of Conduct that spells out your rights and responsibilities. We keep a copy at every dance in the North Bay—take a look.

Here are a couple of tips that can increase your dance enjoyment:

1. Practice telling your partners and neighbors in 3-second phrases things like “please no twirls” or “looser allemande grip please,” so it's easy to do during the dance.
2. Ask your friends “how's my dancing?” and be open to feedback. We all want to be better dancers!

Please tell Organizers (we wear buttons) of any questions, compliments, concerns, or complaints. Or email sarah@nbcds.org

25th Anniversary Event!

NBCDS is proud to host another special event as part of our year long Anniversary Celebration, commemorating 25 years of dance and music in the North Bay! Join us for a magical night with New England's **Buddy System!** These two exceptional musicians, Julie Vallimont on piano and Noah VanNorstrand on fiddle, will treat us to a unique and delightful evening that includes a concert, a crankie (Google it!), and two hours of Contra dancing. Tuesday night, October 16 at the Petaluma Woman's Club. See calendar for details.

Board Leadership/News

The NBCDS Board thanks departing Board officers Stacy Carr (Secretary) and Jim Passage (Treasurer). We welcome new Treasurer Loren Kalmen (also BACDS Treasurer) and Board members Marlene Mahan (Santa Rosa contra dance manager) and Bonnie Richardson (organizer/caller for Napa ECD). Reta Lockert steps forward as Secretary (not for the first time), Craig Meltzner and Sarah Lee continue as President and Vice President, along with Michael Martin, our NBCDS hero. Thank you to all who give of their time and talents to make NBCDS a successful dance organization. In May the Board welcomed Napa ECD as an official NBCDS dance series – you can now dance in three North Bay counties!

 End Notes 

Dance is the hidden language of the soul of the body.

~ Martha Graham

2018-19 NBCDS Board Members

Craig Meltzner, President.....544-7036
craig@nbcds.org

Sarah Lee, Vice-President.....486-3296
sarah@nbcds.org

Reta Lockert, Secretary.....reta@nbcds.org

Loren Kalmen, Treasurer.....loren@nbcds.org

Bonnie Richardson..... bonnie@nbcds.org

Marlene Mahan.....marlene@nbcds.org

Michael Martin.....545-1274
contrabeet43@gmail.com

North Bay Country Dance Calendar: Fall 2018

Key to Hall Locations and Contacts:

PET ~ 1st Sun, 6:30 – 9:30 pm; St John's Episcopal Church, 40 Fifth St, in social hall behind church, Petaluma; suzieq222q@gmail.com

SRF ~ 2nd Sat, 8:00 – 11:00 pm; Unitarian Universalist Congregation of Marin (Unitarian Church), 240 Channing Way, San Rafael

Or alternate site: Strawberry Reception Hall, 118 E Strawberry Dr, Mill Valley; Margaret@nbcdds.org

SRO ~ 3rd Fri, 5th Sat, 8:00 – 11:00 pm; Monroe Hall, 1400 W. College Ave., Santa Rosa; 707-545-1274, contrabeet43@gmail.com

SEB ECD ~ 1st & 3rd Sun, 2:00 - 4:30 pm; Wischemann Hall, 460 Morris Street, Sebastopol; 707-829-0168, kalia@nbcdds.org

or kwoeltjen@yahoo.com

Regular dance admission: \$12 adults, \$10 members; \$5 adults under 30, FT students w/ ID and financial hardship; \$2 ages 6–17; under 6 free.

Special Dance prices: \$14 non-members (Strawberry Hall \$15); \$12 members; \$7 adults under 30, students & financial hardship

SEB Community gender neutral dance; 4th Sat., 8:00—10:30 pm; Wischemann Hall, 460 Morris St, Sebastopol; pay what you can;

redimpala72@gmail.com

NAPA ECD ~ 4th Sunday; 2:00—4:30 pm; 1500 Jefferson St, Napa; \$10; bonnie@nbcdds.org

Come a half hour early to every dance for a newcomers lesson.

Apple Tree Morris dancers meet weekly and welcome new members - no experience necessary. Cliff Stevens, 823-6925, cliff@kichu.com

Go to <http://www.nbcdds.org/> for more information on North Bay Country Dance Society, membership and events.

October

Sat 6	Contra	SEB	Meg Dedolph (IL)	Jonathan Whittall (IL) (fiddle) and friends Hosted by Christopher Jacoby in honor of his wedding; no admission cost
Sun 7	ECD	SEB	Alan Winston	Bill Jensen (piano), Maggie Moore (violin)
Sun 7	Contra	PET	Woody Lane (OR)	The Organic Family Band (MD): Judith Geller (French horn, piano, whistle), Rebekah Geller (fiddle), Jakob Raitzyk (fiddle, feet), Michael Raitzyk (guitar)
Sat 13	Contra	SRF	Alan Winston	Stringfire! : Caroline McCaskey (fiddle), Patti Cobb (piano), Erik Ievins (bass)
Tue 16	Contra	PET	Susan Petrick	Buddy System : Noah VanNorstrand (NY) (fiddle), Julie Vallimont (MA) (keyboard) ~ Concert and Contra Dance 7:00 – 10:00 p.m.; Petaluma Womans Club, 518 B Street, Petaluma; \$12/\$14/\$7
Fri 19	Contra	SRO	Jean Gorrindo	The Crabapples : Marta Lynch (fiddle), Norm Cotton (piano), Bob Silberstein (mandolin, piano, doumbek), Teresa Fife (bass)
Sun 21	ECD	SEB	Gary Thomas	Laurie Reaume (piano), Christopher Jacoby (accordion), Tom Lindemuth (winds)
Sat 27	Contra	SEB	Celia Ramsey	Rodney Miller (fiddle), Rebecca King (piano) Family Dance precedes the regular Community Dance ~ 5:00—6:30 pm Halloween Dances ~ Costumes admired but not required
Sun 28	ECD	NAPA	Bonnie Richardson	The Late Bloomers : Rebecca King (piano), Marilyn Page (violin), and friends

November

Sun 4	ECD	SEB	David Newitt	The Humuhumunukunukuapua'a and Strathspey Society Band : Patti Cobb (piano), Heather MacKay (violin), Betsy St. Aubin (flute), Bruce Herbold (percussion), David Newitt (concertina)
Sun 4	Contra	PET	Chuck Galt	The Swinging Chickens : Rebecca King (piano), Lee Anne Welch (fiddle), Topher Gayle (guitar, mandolin, percussion)
Sat 10	Contra	SRF	TBD	Erik Hoffman (fiddle), Todd Silverstein (guitar), Craig Johnson (piano)
Fri 16	Contra	SRO	Claire Takemori	In Tent City (ID): Betsy Richards (fiddle), Seth Richards (keyboard, bass), Graham Richards (guitar), David Richards (cajon), Marilee Richards (bass)
Sun 18	ECD	SEB	Graham Christian	Gary Thomas (piano), Jon Berger (violin), Drina Brooke (recorder)
Sat 24	Contra	SEB	TBD	Swinging Chickens : Lee Anne Welch (fiddle), Rebecca King (piano), Topher Gayle (guitar, mandolin) Family Dance precedes the regular Community Dance ~ 5:00—6:30 pm
Sun 25	ECD	NAPA	Bonnie Richardson	The Late Bloomers : Rebecca King (piano), Marilyn Page (violin), and friends

December

Sun 2	ECD	SEB	Sharon Green	Debra Tayleur (piano), Janette Duncan (violin), Roxanne Oliva (accordion)
Sun 2	Contra	PET	Dance cancelled for the	No Snow Ball in Oakland. Details at https://www.bacds.org/events/NoSnow/
Sat 8	Contra	SRF	TBD	TBD
Sun 16	ECD	SEB	Lise Dyckman	Rebecca King (piano), Jon Berger (violin), Judy Linsenberg (recorder)
Fri 21	Contra	SRO	Susan Petrick	Ray Bierl (guitar), Markie Sanders (bass), Paul Shelasky (fiddle) Holiday Gala Dance! Festive dress admired and bring a potluck dessert.
Sat 22	Contra	SEB	No dance this month.	Happy Holidays!
Sat 29	Contra	SRO	Andy Shore	Audrey Knuth (fiddle), Chris Knepper (guitar) Challenging Contra ~ For experienced dancers only.
Sun 30	ECD	SEB	Bruce Hamilton	Special Advanced Dance with recorded music
Mon 31	Contra	SRO	Jacqui Grennan	Rodney Miller (fiddle), Jeff Spero (piano) New Year's Eve Party ~ 8:00 to midnight ~ Scrumptious Feast ~ \$20 non-members/18 members/10 students, hardship

Contra dancing & English country dancing are easy, fun & friendly. All dances are taught & prompted, and feature great live music. No experience necessary; come alone or bring a friend. Wear comfortable clothes and low, smooth-soled shoes. Scent-free dancing appreciated!